



Getting to the Games

Spectator journey planner

How to get to venues

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- Travel to Hampton Court Palace
- Travel to Horse Guards Parade
- Travel to Hyde Park
- Travel to Lee Valley White Water Centre
- Travel to Lord's Cricket Ground
- Travel to Millennium Stadium
- Travel to North Greenwich Arena
- Travel to Old Trafford
- Travel to St. James' Park
- Travel to The Mall
- Travel to the Olympic Park**
- Travel to The Royal Artillery Barracks
- Travel to Wembley Arena
- Travel to Wembley Stadium
- Travel to Weymouth and Portland
- Travel to Wimbledon

Plan your travel

Transport options

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Travel to the Olympic Park

The **Olympic Park** is a 2.5 sq km site in Stratford, east London, providing a purpose-built and easily accessible centre stage for the Games. The Park includes nine sporting venues.



Venue: Olympic Park
Location: Stratford, east London

Sports: Olympic Games: Diving, Swimming, Synchronised Swimming, Modern Pentathlon, Basketball, Handball, BMX, Hockey, Athletics, Track Cycling, Water Polo

Paralympic Games: Paralympic Swimming, Wheelchair Basketball, Wheelchair Rugby, Wheelchair Tennis, Paralympic Five-a-side Football, Paralympic Seven-a-side Football, Paralympic Athletics, Paralympic Track Cycling, Goalball

Dates: Olympic Games: 27 July – 12 August
Paralympic Games: 29 August – 9 September

The Olympic Park is well-served by public transport with Stratford and Stratford International stations on the east side of the Park and West Ham station to the south.

The Olympic Park will be open to spectators at least 90 minutes before the first session of the day begins. The venues within the Park are: the Olympic Stadium, Aquatics Centre, Water Polo Arena, Basketball Arena, Copper Box, Velodrome, BMX Track, Riverbank Arena and Eton Manor. Information on the opening times of individual venues will be made available closer to the Games.

As you approach the venue, please follow any signs showing the way or directions given to you by transport staff and volunteers.

The transport network to the Olympic Park will be extremely busy, so while it is best to plan your journey in advance, remember to check for any last minute changes before you travel.

Plan your journey to the Olympic Park with the [spectator journey planner](#)

Accessibility [Stratford](#), [Stratford International](#) and [West Ham](#) stations are all step-free with staff assistance available. It is recommended that people with accessibility needs use Stratford and Stratford International, as West Ham station is approximately 1.6km from the venue's entrance.

If you require assistance when making your National Rail journey, you will need to book this when you buy your train tickets or once you have received your [Games Travelcard](#). To book rail tickets and assistance visit the [London 2012 Games Train Ticket booking website](#).

The venue is served by local bus services. London's buses have low floors and provide audio and visual information. There is one wheelchair space per bus.

Limited, pre-booked parking will be provided close to the venue for disabled spectators who are UK Blue Badge holders or members of an equivalent national scheme. To book accessible travel, including Blue Badge parking, visit the [2012 Games accessible travel booking website](#).

In addition park-and-ride services will operate for this venue during the Olympic and Paralympic Games. This will be an integrated and inclusive service. Accessible parking spaces will be available at all parking sites with shuttles to the venue which are suitable for a wide range of disabled spectators including wheelchair users. You can [book park-and-ride](#) now.

Wheelchair spaces can also be booked on the [2012 Games coach services](#) to the Olympic Park.

The walking routes from the venue's transport malls are step-free.

Read more about [accessible travel](#).

Getting there



Plan your journey



Use the London 2012 spectator journey planner to find the best way to get to venues from anywhere in Great Britain.

[Plan now](#)

Map of London venues



[Download a pdf map of London venues](#)

Olympic Park



[Download PDF](#)

Top tips

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Travel early and allow time for walking across the Olympic Park as it is big.

Make a day of it



[Spitalfields](#)



National Rail

There are three National Rail stations providing access to the Olympic Park: Stratford station, with direct train services from London and East Anglia; Stratford International station, with direct train services from London, Ebbsfleet and Kent; and, West Ham station, with direct trains from London and Essex.

National Rail services will run from London Liverpool Street to Stratford. If you are travelling from the north into London King's Cross, London St. Pancras or London Euston stations, use the Javelin® service to Stratford International from London St. Pancras International. The Javelin® service will also run from Ebbsfleet in Kent.

To book rail tickets [visit the London 2012 Games Train Ticket website](#).

[Whitechapel Art Gallery](#)

[V&A Museum of Childhood](#)



London Underground

There are two recommended London Underground stations providing access to the Olympic Park: Stratford, on the Jubilee and Central lines, and West Ham on the District and Hammersmith & City lines. West Ham station is approximately 15 minutes walk from the entrance to the Olympic Park along a dedicated walkway.



DLR

The Olympic Park is served by the two lines of the Docklands Light Railway (DLR), with stops at Stratford, Stratford International and West Ham stations. The DLR runs to Stratford from Lewisham and Woolwich Arsenal stations in south-east London. From central London, get the DLR from Tower Gateway and change at Poplar.



London Overground

The North London Line on London Overground connects Richmond to Stratford and avoids central London. If travelling from south London, use the East London Line and change at Canonbury on to the North London Line to Stratford.



Bus

London has an extensive bus network and there are routes and stops in the area. For more details and for any changes to routes or stops during the Games, check the [Transport for London website](#) closer to the date of your event.



River

The Olympic Park cannot be accessed by Thames river services as it is not located on the River Thames. However, there will be a limited-capacity canal passenger service running from Limehouse Basin along the Limehouse Cut to Old Ford Lock, on the Lee Navigation, outside the Olympic Park. While not a quick travel option, it is a pleasant and enjoyable journey. Due to limited capacity on boats, pre-booking is recommended.



Coach

There will be [2012 Games coach services](#) provided to the Olympic Park from a range of locations. Services are planned to arrive at the venue for the start of sessions. Travel by coach will need to be booked in advance. You can [book coach services](#) now.



P&R Park-and-ride

Park-and-ride sites will be available to access the Olympic Park. Regular park-and-ride shuttle-bus services will run directly to the Olympic Park from these sites. Park-and-rail services are available from Ebbsfleet International station where trains run directly to Stratford International and the Olympic Park.

Park-and-ride and park-and-rail services are not included in the price of your event ticket and must be booked in advance. You can [book these services now](#).



Walking

There are six 'greenway' walking routes that connect with the Olympic Park: Lea Valley North, Hackney Parks, Victoria Park and Stepney, Limehouse Cut, Epping Forest and the Elevated Greenway.



Cycling

Greenway cycling routes to the Olympic Park include Lea Valley North, Hackney Parks, Victoria Park and Stepney, Limehouse Cut, Epping Forest and the Elevated Greenway. Free, secure, managed cycle parking will be provided at the Northern Spectator Transport Mall, Southern Spectator Transport Mall and Victoria Park.

You can view new routes and plan your trip using a new London Cycling Guide covering the Olympic Park and surrounding area. The first of two editions is available now free of charge. You can order one to be delivered to your door online from [Transport for London](#). A second version of this cycle map will be available from Spring 2012. This will include the diversions in place for the Games and temporary cycle parking locations around the Olympic Park.



Taxis and private hire vehicles

Taxi and private hire vehicle drop-off areas will be provided at the Northern Spectator Transport Mall and Southern Spectator Transport Mall.

Other venues in this area

In addition to the venues within the Olympic Park, there are a few others in the area:

- [ExCeL](#)
- [Greenwich Park](#)
- [North Greenwich Arena](#)
- [The Royal Artillery Barracks](#)

Use the journey time finder on the right of this page to find out the estimated travel time to other venues.

See also



[London 2012 Games travelcard map](#)



[National Rail](#)

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