



International Students GUIDE





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DOWNLOAD THE APP UNITE MOBILE FOR IOS AND ANDROID

WELCOME TO THE UNIVERSITY OF TERAMO

Dear student,

the University of Teramo is facing significant and substantial changes to relaunch your future.

We are turning into a real University Campus - with the main premises open until midnight, an inner canteen, a unified library, a language centre, a computer learning centre, technical and scientific laboratories, TV, radio and photography studios, a movie hall, a gymnasium and other sports facilities.

Teaching is changing as well once linear dissemination of knowledge, it is becoming "inspired teaching" where you have a truly active role.

By means of new technologies and blended methods of e-learning, you will follow some "prelessons", in order to attend your classes, set to discuss critically the various topics - thus achieving mastery and self-confidence as well as encouraging genius which sets up you to gain experience and learning.

Tests and focus groups will enable you to keep in step, take exams regularly, thus optimising your timing.

Such teaching aims at making a difference: not just graduates, but all first-class graduates, since your excellence is the key to your future.

A real Campus has to involve its students: they shall live and feel it a home of their own, as this University does not only aim at developing top professionals, but also at growing responsible citizens. Thus, our aim is that you can study and - if you wish and prove to deserve it - have also the chance to get a first paid job. Notices of open competition for entrusting students with the main and most qualified services carried out within the University itself will be tailored to you.

All of this has been named "Patto con lo studente" (Agreement with our students) and is available at the website www.unite.it Such an opportunity will allow you to study and have a chance in your life.

Waiting for you, All the best,

Dino Mastrocola Rector

The Gran Sasso Mountain

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TERAMO AND ITS SURROUNDINGS

Abruzzo: the green heart of Europe

The Abruzzo Region is situated in the centre of Italy. The coast, overlooking the Adriatic Sea, is 129 km long. Inland, the region is mainly mountainous and covers a territory of 10.947 sq km. Although there are no plains on the coast, a few can be found in the inner areas, such as the Fucino plain (Piana del Fucino), which was obtained by draining a lake with the same name.

The Province of L'Aquila is mainly mountainous, while hills prevail in the Province of Chieti. Pescara and Teramo, instead, show both mountains and hills.

The main city of the Abruzzo Region is L'Aquila, although Pescara is the financial and administrative heart of the area and its most populated city. Pescara was founded in 1927 after the union of Castellammare Adriatico and Pescara. It is now a distinctly modern city with a new railway station, an airport and one of the Mediterranean Sea's largest and most important marinas. Defined as "Europe's Green Region" for its beautiful parks and natural reserves. Abruzzo is also rich in history and art and is famous for its culinary specialities. The most significant development areas are situated in the valleys of L'Aquila, Sulmona and Avezzano.

Particularly in the inner parts of the region, temperatures can be very low during the winter, falling below zero at higher altitudes However, they are relatively warm during the summer, rising significantly near the coast.

DISCOVERING ABRUZZO abruzzoturismo.it/en

Informations on places to visit, things to do, events and accommodation

VISITING THE GRAN SASSO AND MONTI DELLA LAGA NATIONAL PARK www.gransassolagapark.it Several itineraries on foot, bike and horseback

DISCOVERING TERAMO AND SURROUNDINGS

TRANSPORTS

To reach the Gran Sasso and surroundings you may travel by coach. Check the timetables on www.tuabruzzo.it

To visit the coast towns and the Adriatic beaches you may travel by train. Check the timetables on www.trenitalia.com

The town of Teramo

During the Roman Empire, the town of Teramo was called Interamnia Urbs (meaning "the city between two rivers") and was both a colony and a municipality. Under Emperor Augustus and then Emperor Hadrian, Teramo lived its golden age, as evidenced by the presence of temples, baths, an amphitheatre and other monuments now buried under the new town. After a long period of prosperity, the Roman city was destroyed in 410 by the Visigoths of Alaric I, and this caused its decline. Later on, under the Longobards, it was annexed as a county to the Duchy of Spoleto. Norman and Angevin rulers followed until the mid-15th century, when the town became part of the Kingdom of Naples. Following the Austrian occupation during the War of the Spanish Succession (1701-1714) and a brief period of French rule in 1798, Teramo shared the vicissitudes of the Kingdom of Naples until 1860, when, together with the rest of Abruzzo, it became part of the newly established nation of Italy. Today Teramo is an important centre with small and medium-sized

enterprises. It is also a lively touristic attraction, thanks to its strategic "mid-way" position, only 20 km away from the mountains – some of the most spectacular snowcapped peaks of the Central Opennine chain – and the seaside – 50 km of golden-sand beaches and non-polluted waters.

Once in Teramo, you might enjoy visiting the Gran Sasso mountain, with its skiing facilities and snow parks, and the beaches of Giulianova, Roseto degli Abruzzi, Tortoreto and Alba Adriatica.

The Cathedral

Situated in Teramo's main square, Piazza Martiri della Libertà, the Cathedral, built in 1158, is the most important monument in the town. Its aisles are divided from the central nave by round columns and pillars. Works such as the "Paliotto d'argento" by Nicola da Guardiagrele and the Polyptych of Saint Agostino (15th century) by Jacobello del Fiore and some frescoes dating back to the 15th century are noteworthy. The bell tower, completed by Antonio da Lodi in the 15th century, stands next to the Cathedral.

The Roman Theatre

The Roman Theatre, whose ruins occupy a wide area of the town centre, dates back approximately 30 B.C. Its 78 meters diameter tiers are made of travertine and are supported by twenty arches. They seated about 3,000 people. The remains of the Amphitheatre, dating back to the 13th century, are also visible on the right.

The Ancient Cathedral of Sant'Anna

In the former town centre there are the ruins of the ancient cathedral 'Sancta Maria Interamnensis'. Built during the Byzantine Age and renovated in the 12th century, it was burned down by the Normans in 1155. However, some Romanesque arches, a presbytery with Roman remains and a three-pane window with marble columns ('trifora') are still visible.

In the nearby square, a Roman bastion dating back to the 2nd century B.C. is also a worthy note; It is surrounded by several liberty style buildings. Next to Sant'Anna, a number of homes dating back to the Roman period have been discovered and recently opened to the public as part of an archaeological "walking tour". Also opened to the public a short time ago, the Domus Leone is an ancient building dating back to the 1st century and containing an outstanding mosaic.

Other noteworthy monuments include Sant'Antonio's Church - built in 1227 according to the legend of San Francesco d'Assisi - with its beautiful Romanesque portal; the Convent of San Giovanni with its lovely cloister; the 14th-century buildings of the Palazzo Vescovile and of the town hall La Loggia; San Domenico's Church and Casa Capuani.

The Sanctuary

of the Madonna delle Grazie

Built in 1153, it is situated outside the city centre, near a beautiful park. It is part of a Franciscan monastery founded around the middle of the 4th century. Numerous conservation interventions have been made so far, also to its bell tower. The church shows stunning frescoes and a wooden statue of the Virgin dating back to the 15th century. A peculiar cloister is also present.

MORE INFORMATION ABOUT PLACES TO VISIT www.teramoculturale.it

TERAMO MUSEUMS www.teramomusei.it

The Della Monica Castle

With its towers and battlements, this beautiful nineteenth-century castle was built in medieval style by Gennaro Della Monica.

The Astronomical Observatory

On the top of one of the many hills surrounding the city, the Astronomical Observatory of Collurania still contains the scientific instruments bought by its founder Vincenzo Cerulli in 1917. The scientists today employed in the observatory study stellar astrophysics. Two projects in co-operation with the University of Teramo are currently under way.

In the suburbs

In the suburban area of the town, the most beautiful Romanic monument, showing the influence of Apulian art and a series of noteworthy frescoes, is Santa Maria di Ronzano in Castel Castagna. In the town of Atri, the Cathedral of Santa Maria is of great interest, with its marvellous Romanic structures and its splendid frescoes. At the foot of the Gran Sasso the Sanctuary of San Gabriele dell'Addolorata (Patron Saint of the Abruzzo Region) is visited by millions of visitors all year round. It hosts important religious events such as the International Festival of Sacred Arts. Next to the small old church, a large modern building, capable of housing 10.000 worshippers, was built in 1970.

Gastronomy

Eating in Teramo means discovering a unique gastronomic culture in which every dish has its history and tradition.

Setting out in search of local tastes, typical dishes, and culinary traditions in a town like Teramo means becoming a real researcher, delving into a new field of study. What one is asked to do when beginning the quest for Abruzzo's flavours is to approach the local cuisine with the attentive eye of one who wants to 'taste' and not to devour, to 'understand' and not to merely see, to fill his 'soul', not just his 'stomach'.

Typical dishes include the Scrippelle (similar to crèpes), the Mazzarelle (lamb's lungs and innards), the Pallottine (tiny meatballs) and the Virtù, a unique vegetable soup cooked every year in May.

EVENTS IN TERAMO www.eventiteramo.it

THE ITALIAN UNIVERSITY SYSTEM

Second Cycle

2nd-Cycle Degree Programmes

- Duration: 2 years 120 credits
- Access requirements
 Bachelor's degree
- *Qualification name* Master's degree
- Academic qualification
 Doctor magistralis
 (dottore magistrale in Italy)

Single-Cycle Degree Programmes

- Duration 5 to 6 years, 300 to 360 credits
- Access requirements
 High School Diploma
- Qualification name
 Master's degree

Vocational Programmes

- Duration: 1 year 60 credits
- Access requirements
 Bachelor's degree
- Qualification name
 1st-Level Professional
 Master's Degree

Third Cycle Doctoral Studies (PhD)

- Duration: 3 years
- Access requirements
 Master's degree
- Qualification name
 Doctoral degree
- Academic qualification
 Doctoral degree holder

Specialisation Schools

Programme duration and amount of credits established in each teaching activity regulation

- Access requirements
 Master's degree
- Academic qualification
 Specialist

Vocational Programmes

Programme duration established in each teaching activity regulation 60 credits

- Access requirements
 Master's degree
- Qualification name
 2nd-Level Professional
 Master's Degree

First Cycle

1st-Cycle Degree Programmes

- Duration: 3 years 180 credits
- Access requirements
 High School Diploma
- Name of qualification
 Bachelor's degree
- Academic qualification Bachelor (dottore in Italy)

THE MAIN HOLIDAYS IN ITALY WHEN THE UNIVERSITY IS CLOSED

- 1 November All Saints
- 8 December Immaculate Conception
- 19 December San Berardo-Patron Saint of Teramo
- 23 December-6 January *Christmas holidays*
- From Thursday before Easter to the following Tuesday Easter holidays
- 25 April Liberation Day
- 1 May Labour Day
- 2 June *Republic Day*
- 1-31 August Summer holidays

Credits

Degree courses are structured into credits (crediti formativi universitari - hereinafter referred to as CFU). A university credit corresponds to 25 hours of work per student, including time for personal study.

The average annual workload of a full time student is conventionally fixed at 60 credits/year.

Academic Titles

The latest university legislation (DM 270/04) has defined the academic titles corresponding to the new academic degrees. The L entitles to be called Doctor (Dottore), the holders of an LS/LM have the right to the title of Doctor Magistralis (Dottore Magistrale), the DR confers the title of Research Doctor (Dottore di Ricerca).

Joint Degrees

Italian universities are allowed to establish degree programmes also in cooperation with foreign partner universities; they may therefore design integrated degree course at the end of which joint or double/multiple degrees are awarded.

Grading scale

Examinations (written or oral) are graded according to a scale ranging from 0 to 30, with 18 as a pass mark. A "cum laude" may be added to the highest grade (30 e lode) as a mention of special distinction.

- 18 Minimum pass
- 18-23 Adequate
- 24-26 Satisfactory
- 27-28 Good
- 29-30 Very good
- 30 cum laude . Outstanding

Degree grade

The highest grade is 110/110, but outstanding achievements may be awarded cum laude.

Academic Calendar

The academic year is divided into two semesters.

First semester

From the beginning of October to mid-February (exams included). Second semester

From mid-February to the end of September (exams included). The starting and ending dates of the semesters may vary in the different Faculties, but the lessons in each semester last around 12 weeks.

THE UNIVERSITY OF TERAMO

The University of Teramo, established in 1993, comprises the Faculties of *Law*, *Political Sciences*, *Communication Sciences*, *Veterinary Medicine* and *Biosciences*, *Agri-food and Environmental Technologies*, and offers a wide range of graduate and postgraduate courses. Research has achieved concrete results enabling the University to build a very close network of relations within the scientific community worldwide.

Indeed, thanks to conspicuous investments in scientific research, innovation has become the core of leading national and international projects.

Both postgraduate and vocational training guarantees high-level proficiency in several areas - legal professions, economics, social sciences, communication, management, politics, governance as well as animal health. Advanced communication technologies and artistic projects are also a flagship of the University. Suffice it to mention the multimedia lab for television and radio production, and the music and theatre lab.

Internationalisation in and beyond EU Member States is a key element of the University of Teramo, which has set up fruitful collaborations with the centres of excellence all over the world. Such internationalisation is underpinned by free-of-charge language courses provided by the University Language Centre for both incoming and outgoing students.

ICTs have always influenced both our way of thinking and teaching/learning methods. As a result, an e-learning platform and language, multimedia, television and radio laboratories have been implemented over the last few years.

UNIVERSITY OF TERAMO SITES

AURELIO SALICETI CAMPUS

Via R. Balzarini 1 - Teramo

- Rector's Office
- Administrative Offices
- Canteen
- TV studio Radio Movie Hall
- S. Spaventa Educational Center Department of Law Department of Biosciences Degree Course in Animal Welfare and Protection
- G. d'Annunzio Educational Center Department of Political Sciences Department of Communication Sciences

RUGGERO BORTOLAMI CAMPUS

Loc. Piano d'Accio - Teramo

- Department of Veterinary Medicine
- University Teaching Veterinary Hospital
- Canteen

CAMPUS IN AVEZZANO

via S. Pertini 106 - Avezzano (AQ)

THE DEGREE PROGRAMMES AT THE UNIVERSITY OF TERAMO

Department of Law

Single-cycle master course (5 years)

Law

Bachelor degree course (3 years)

- Environmental and Energy Law
- Legal Services

Master degree course (2 years)

Law, Economics and Business Strategy

Department of Political Sciences

Bachelor degree course (3 years)

- Political Science
- Sustainable Tourism

Master degree course (2 years)

- Administration Sciences
- International and sustainability policies

Department of Communication Sciences

Bachelor degree course (3 years)

- Communication Sciences
- Disciplines of the Arts, Music and Entertainment (DAMS)

Master degree course (2 years)

- Communication for Organizations Management
- Media, Arts, Cultures

Department of Veterinary Medicine

Single-cycle master course (5 years)

Veterinary Medicine

Bachelor degree course (3 years)

• Animal Protection and Welfare

Master degree course (2 years)

Sustainable Animal Production Sciences



FOR A DETAILED ACCOUNT OF STUDY PROGRAMMES

Department of **Biosciences and Technology for Food, Agriculture and Environment**

Bachelor degree course (3 years)

- Biotechnology
- Gastronomic Sciences and Cultures for Sustainability
- Food Science and Technology
- Sustainable intensification of quality horticultural productions
- Viticulture and Enology

Master degree course (2 years)

- Advanced Biotechnologies
- Food Science and Technology
- Reproductive Biotechnologies

Interdepartment

Department of Political Sciences - Department of Communication Sciences

Economy

PHD COURSES

- Cellular and Molecular Biotechnologies
- Economic and social sciences
- Food Science
- History of Europe from the Middle Ages to Contemporary
- International Perspectives in Corporate Governance and Public Administration
- Processes law harmonization between history and system
- Veterinary Medical Sciences, Public Health and animal welfare



TO KNOW MORE ABOUT PHD COURSES

UNIVERSITY LIBRARIES

Aurelio Saliceti Campus Library

S. Spaventa Educational Center Opening hours From Monday to Friday 9:00am 7:00pm Contact Tel. +39 0861 266419 bibliotecapoloumanistico@unite.it biblioagr@unite.it (for the Bioscience Department)

R. Bortolami Campus Library

Opening hours Monday - Wednesday - Friday 9:00am-1:00pm Tuesday, Thursday 9:00-1:00am - 2:00-5:00pm *Contact* tel. +39 0861 266 920/079 bibliomv@unite.it

Avezzano Library Fund

At the library of the regional cultural promotion agency.

Beyond the above-mentioned University facilities, other libraries are also available:

Provincial Library "M. Delfico"

via Melchiorre Delfico 16 *Contact* tel. +39 0861 252744

Library of the Istituto Zooprofilattico Sperimentale "G. Caporale"

Via Campo Boario *Contact* tel +39 0861 3321 website: www.izs.it



MORE ABOUT THE UNIVERSITY LIBRARY SYSTEM

THE UNIVERSITY OF TERAMO SERVICES

Centre for Modern Languages

The University of Teramo Centre for Modern Languages offers courses of Italian as a Foreign Language in order to improve the skills of international and exchange students. Such courses are free and, after a placement test, participants shall be divided into different groups on the basis of their individual level of competence. The courses end with a test and each participant shall be given a certificate.

Contact

Campus Aurelio Saliceti G. d'Annunzio Educational Center tel. +39 0861 266084 cla@unite.it

Services for students with disabilities

Students with disabilities will be given any possible aid (including personal assistance) to help them overcome any difficulties they might encounter during their stay in Teramo. serviziodisabili@unite.it

University Radio and Television Lab

Contact Campus Aurelio Saliceti S. Spaventa Educational Center tel. +39 0861 266472 radio@unite.it

Laboratory of Music and Theatre

The activities of the Laboratory of Music and Theatre (including guitar, piano, singing and acting lessons) are promoted as extracurricular courses (25 hours each). ECTS credits are obtained by passing a final exam.



CENTRE OF MODERN LANGUAGE



MUSIC AND THEATRE



SPORTS ASSOCIATION



Above the Aurelio Saliceti Campus - Below the Ruggero Bortolami Campus



STUDENT MOBILITY AND EXCHANGE PROGRAMMES

If you plan to spend a period of study abroad for research or training purposes, the University of Teramo can offer you a wide range of opportunities to invest in your future and develop your talents and skills. Various internationally recognised and accredited programmes are provided:

- ErasmusPlus (Study and Placement)
- Internationalisation projects
- Internships

The Erasmus Programmes (Study and Traineeship)

The Erasmus Programmes were started in our university in 1994 in order to improve the co-operation with universities from all over Europe, to support students and teaching staff mobility, and to boost the development of joint programmes (both educational and professional) and courses. Within the Erasmus programme (mainly Study), thousands of foreign (incoming) students have attended our university so far. Te ramo organises an Erasmus Welcome Day for them each semester. During the event students receive useful information about academic life and all the services offered by the University. It is also an opportunity to meet the Erasmus Institutional Coordinator, the Erasmus staff, and members of the ESN (Erasmus Student Network). Incoming students enjoy a wide range of services such as guidance and tutoring, info and reception, Italian language courses (provided by the language centre), access to canteens, cafeterias, libraries, sporting facilities (CUS), cultural centres, technological facilities and more. European citizens may enter Italy with a passport or ID card and are entitled to stay to study or work as long as they like.



PRACTICAL INFORMATION



ERASMUS+ PROGRAMME



FOREIGN MINISTRY



STATE POLICE

Non-European Citizens are required to apply for a study visa prior to leaving.

Applications should be made at your nearest Italian Embassy or Consulate. Always start these procedures well in advance of your planned visit to Italy. If it is required, please send email to the International Relations Office at **erasmusincoming@unite.it**, asking for a letter of admission to be posted to your home address.

VISA and Residence Permit

For more information about visa and residence permit you can visit the Internet sites of the Foreingn Ministry and of the State Police. Please note that tourist visa does not entitle you to study in Italy. For further information contact the International Welcome Office at **eperrotta@unite.it**

Admission requirements

Official nomination from home university (a communication from your university, informing us that you have been selected to spend an Erasmus period at our University) must be sent to at **erasmusincoming@unite.it**. Application form for the Erasmus Programme is available on the webpage https://unite.erasmusmanager.it/studenti/

No application will be accepted without a prior nomination from your Home university.

Please note our application deadlines for incoming students:

- Autumn semester 30 July
- Spring semester 30 November

Healthcare

All Erasmus students are required to have appropriate health insurance. For the Erasmus stay, it is usually sufficient to bring the EHIC (European Health Insurance Card) distributed by the Ministry of Health, which allows you to receive medical assistance in the FU countries and Switzerland during periods of study, work, or vacation. Scan the QR code on the right to visit the EHIC's dedicated Italian webpage and find a detailed account of how to obtain it, use it, its validity time and what to do in case of loss or theft.

Students coming from non-EU countries are strongly recommended to verify if there are any agreements between their coun-

try's National Health Service and the Italian one; in case there is none, they must get hold of an insurance policy to be translated and certified by the Italian Diplomatic Representative abroad.

Upon arrival in Teramo

Please note that it is absolutely necessary to register as Erasmus student on your arrival in Teramo (International Relations Office) to be officially registered and in order to activate your registration number (matricola). Using your registration number, you can enrol in the exams.

Necessary documents:

- Passport or Identity Card
- Learning agreement

• Tax code (codice fiscale) The Tax code is needed to sign any contract (e.g., to rent a room, to open a bank account or to get a sim card for mobile phones) and to get your registration number. The Tax code is issued by the local tax office. Students have to fill in the necessary forms and hand them to: Agenzia delle Entrate

Largo Madonna delle Grazie tel. +39 0861 25771 dp.teramo@agenziaentrate.it

On departure

Before leaving, don't forget to go to the Relations Office to collect:

- the transcript of records;
- your Certificate of Attendance;
- other possible documents.

Institutional coordinator

Prof. Paola Pittia tel. +39 0861 266895 ppittia@unite.it

Erasmus Coordinators

After registration the students are required to meet the Erasmus Department Coordinator to check their Learning Agreement with the up-to-date academic offer and the courses timetable. Coordinator's office hours are available on the Department webpages. Any changes to the initially pro-

posed Learning agreement must be verified and approved by the Erasmus Department coordinator.

Erasmus Student Network (ESN)

It is run by students and offers help for any practical aspects con cerning life in Teramo and stay at the University of Teramoe. *Contacts* teramo@esn.it



HEALTHCARE



COVID 19 MEASURES



DEPARTMENT COORDINATORS



LIFE IN TERAMO

How to get to Teramo

Teramo is about 160 Km East of Rome and 60 km West of Pescara. The nearest airports are the international Leonardo da Vinci-Fiumicino (FCO) and Giovan Battista Pastine -Ciampino (CIA) situated in Rome, and the Abruzzo international airport (PSR) situated in Pescara. From Rome or Pescara Teramo can be easily reached by bus or car. Train service (www.trenitalia.it) from Pescara is also available.

Where to sleep

In order to find accommodation for long stays, please contact the Erasmus student association. **teramo@esn.it**

Students coming to Teramo could look for a room in the private market. We also suggest that you to look at the flat-share notices on the boards around the Campus and in your receiving Faculty, or in the local newspapers.

For further information, you could also contact:

A.D.S.U. Teramo Azienda per il Diritto agli Studi Universitari Via M. Delfico, 73 Tel. +39 0861 26311 info@adsuteramo.it sportellostudenti@adsuteramo.it www.adsuteramo.it

Where to eat

University Canteen Erasmus students are requested to apply to A.D.S.U. to have free access to the University canteen.

Sporting Facilities

The CUS Teramo is the structure who manage the sport system,



HOUSE PLAN



HOW TO GET TO TERAMO MORE INFORMATIONS

FOR A LIST OF THE HOTELS AND THE RESTAURANTS www.teramoculturale.it the sport activities and offers sport services to the students of the University of Teramo. The CUS Teramo organizes directly promo tional activities and manifestations. The promotional activity is directly organized or through conventions with the most popular gyms of the province of Teramo.

Every academic year the CUS organized tournaments, in individual sports or in square sports. At agonistic level, the CUS Teramo participates at National University Tournament, obtaining great results. Multiple are the activities to favour of the disabled people, not only students, also for manifestations not strictly sporting.

Cost of living: some examples

Accommodation single room€ 150/200 double room€ 130/170

Bus Fare€ 1,.30 Coffee (a cup)€ 0,.90 approx. Cinema ticket.....€ 6.00/8.00 Bread (1Kg)......€ 2,.50 Milk (1 Lt)......€ 1,.20 approx. Pasta (500 gr)....€ 0.90 approx. Fruit (1 Kg)......€ 1.50/3.00 Pizza and beer€ 13.00 approx. Stampfrom € 0.60 Going to the disco€ 10.00/15.00

University WIFI connection

The ICT area manages the UNITE wireless network, which is present in all the teaching and study rooms, recreation areas, and meeting rooms. Once you arrive, you'll be able to access the network and surf the web using your personal credentials.

A.D.S.U.

It. is the regional authority in charge of services concerning university students' right to study. It promotes the essential services aiming at easing access to university studies (meals, accommodation, transportation, cultural and recreational activities). Incoming students can obtain the same benefits as those granted to students enrolled in the University of Teramo by applying to A.D.S.U. Contacts Via M. Delfico, 73 Tel. +39 0861 26311 info@adsuteramo.it www.adsuteramo.it

Emergency Phone Numbers

Carabinieri	112
• Police	113
• Firemen	115
• Financial Police	117
• First Aid	118

Hospitals

- Teramo Piazza Italia tel. +39 0861 4291
- Giulianova Viale Gramsci tel. +39 085 80201
- Atri
 Viale del Risorgimento
 tel. +39 085 87071
- Sant'Omero Contrada alla Salara tel. +39 0861 8881

Police Station

Viale Bovio +39 0861 242721

Municipality

Piazza Orsini tel. +39 0861 3241 www.comune.teramo.it

HOW TO REACH TERAMO

By plane

The nearest airports are in Pescara and Rome. The airports and the town of Ter-

amo are connected by buses.

- Abruzzo Airport
 www.abruzzoairport.com
- Rome Airport www.adr.it

By car

- From Rome: A24 Roma-Teramo
- From Naples A1 towards Rome. Then A24 Rome-Teramo
- From Milan: A1 to Bologna, then A14 Bologna-Bari towards Bari and exit at Teramo
- From Bari: A14 Bologna-Bari towards Bologna and exit at Teramo More info: www.autostrade.it

By train

The nearest railway with heavy traffic is to Giulianova. From there take bus or train to Teramo. *Info*: www.trenitalia.com

By Bus

Teramo is well connected with Rome, L'Aquila and Pescara. These companies provide interregional and local connections:

- TUA (Regional Transport) www.tuabruzzo.it
- Baltour https://www.baltourbus.it/
 Flixibus
- www.flixbus.it
- Gaspari
- www.gasparionline.it

The local transport company

is Staur

www.staur.it

To reach the Campus use buses Line 6 and 7.



MORE INFORMATIONS

The terrace of the A. Saliceti Campus

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VOCABULARY

Good morning	Buongiorno
Good afternoon	Buon pomeriggio
Good evening	Buona sera
Good night	Buona notte
Hi/Bye	Ciao! (informal)
Goodbye	Arrivederci (formal)

Excuse me	Scusami
Sorry	Mi dispiace
Please	
Thank you	Grazie
You're welcome	Prego

What's your name?	.Come ti chiami?
My name is	.Mi chiamo
Pleased to meet you!	.Piacere!
How are you?	.Come stai?
I'm good, thank you!	.Tutto bene, grazie!
I'm not well	.Non sto bene

Can I see the menu, please? *Il menu, per favore* What do you recommend? *Che cosa ci consiglia*? I'm allergic/intolerant to... *Sono allergico/intollerante a...* The check (bill), please *Il conto per favore*! Can I pay by card?

Posso pagare con la carta?

Where is the train station? Dov'è la stazione dei treni?

Where is the bus stop? Dov'è la fermata del bus?

Where can I buy a ticket? Dove posso comprare i biglietti?

What platform? *Che binario?*

Help!	Aiuto!
Look out!	Attento!
I'm lost	Mi sono perso/a

I need a doctor Ho bisogno di un medico

Call the police/ambulance/doctor *Chiama la polizia/ambulanza/dottore*

Could you help me, please *Mi potrebbe aiutare per favore?*

There's been an accident C'è stato un incidente

Call the first aid, please! Chiamate il pronto soccorso per favore!

Theater	Il teatro
Supermarket	Il supermercato
Airport	l'Aeroporto
Police station	La stazione di polizia
Park	ll parco
City centre	Il centro
Pharmacy	La farmacia
Hospital	L'ospedale
Bank	La banca

TERAMO MAP



UNIVERSITY OF TERAMO: OFFICES, SPACES & MEALS

BUILDING "S. SPAVENTA"

International Welcome Office

Cafeteria

Library



Canteen International **Relations Office**

BUILDING "G. D'ANNUNZIO"





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